

THE USUAL

Thread - Black
Rib - Gold wire
Body - Flat Holo Gold
Thorax- Gold LiteBrite
Wing - Yellow Polar Bear
 Yellow Fox
 Orange Fox
 Gold Angel Hair
 Fiery Brown Fox
Eyes - Jungle Cock
Hackle - Light Blue hen



Secure the hook in the vice. Tie in the thread wind down to the bend tying in a piece of Gold Wire and a length of flat Holo Gold tinsel as you go down. Wind the thread $\frac{2}{3}$ rds of the way back up the body. Wind the Gold Holo up to this point forming a smooth rear body, tie in and trim off the waste. Dub the thread with Gold LiteBrite and wind to the head to form the front body. Make sure you leave 3-4mm for the wings and hackle. Rib the whole body with the wire. Tie in the wire and trim off. Pick out the dubbing so that it is straggly. Prepare a small bunch of Yellow Polar Bear and tie in with well waxed thread slightly longer than the hook as the underwing. Prepare and tie in a small bunch of Yellow Tanuki slightly longer than the first wing. Prepare and tie in a small bunch of Orange Tanuki slightly longer than the second wing. Trim off the butts and tie down tightly. Tie in some strands of Gold Angel Hair. Prepare and tie in a small bunch of Fiery Brown Fox longer than the underwing. Spread each layer of the wing slightly around the layer below to form a teardrop shape. Bind in tightly and trim the waste. Prepare a pair of Jungle Cock eyes and tie in, fold back the stalks and bind in tightly, trim the waste. Tie in a Light Blue hen hackle by the tip. Double it and wind 3 turns. Tie in and trim the waste. Form a smooth head and whip finish. Apply a light coat of superglue and when dry a coat of nail varnish to produce a smooth head.

This is a Swedish pattern. When someone caught a fish and was asked what the fly was invariably the reply would be Den Valinga which translates to The Usual.